#### **BEST PRACTICES IN MY INSTITUTION -I**

**1.Title of the practice:** Promotion of Eco-conservationist practices and Environmental awareness generation through CANOPY, the nature club of the college, operated by the students and the teachers of the institution.

### **2.** The context that required the initiation of the practice (100-120 words)

With each passing day, environmental pollution and decline of natural resources are posing serious threat to all living organism of our planet, and earth is becoming less and less secure place for us to sustain our life. Doubtlessly, the environmental issues are the most crucial considerations of the present time. Our college, thankfully, is located in a rural place and our locality is rich with natural resources. These conditions prompted us to initiate the environmental awareness programmes, so that more and more people can be made aware of this pressing situation.

#### **3.Objectives of the practice** (50-60 words)

The objective of the practice is to sensitize the students of this institution, and spreading awareness among the local people through the former. Canopy, the Nature Club of the college is devoted to promoting the conservationist practices and to the development of a sense of oneness with our natural surroundings. The activists of the Nature Club encourages the study of nature, which can enable one to realize the importance of the diversity of natural resources.

## **4. The Practice** (250 - 300 words)

Canopy organized Plantation Programmes, like the previous years. In collaboration with NSS and NCC, students, teachers and local people all participated in the programme, both inside and outside the college campus. Photo exhibitions, Nature trail and similar programmes were also organized. Talks on wild life photography were arranged. Field tours were arranged, where students participated as volunteers. The club looked after the pond ecosystem, a butterfly garden and the maintenance of a wild zone. Manufacturing and implantation of bird nets in the campus was done.

## **5. Obstacles faced if any and strategies adopted to overcome them** (150-200 words)

The college space is not fully adequate for infrastructure development. Also, it was seen that local people were often indifferent about the dangers of using plastic products. Waste (both bio-degradable and non-degradable) release procedure in the college still leaves scope of improvement.

#### **6. Impact of the practice** (100-120 words)

Several persons residing nearby have joined the members of the Nature Club in its activities. Many students are showing active and sincere efforts in the management of waste disposal system inside the college campus. Members of Canopy are firmly resolute regarding the maintenance of natural habitats of flora and fauna.

### 7. Resources required

Addition of a few more motivated students, teachers and local members would improve the execution of the various programmes. Various resources for infrastructural development will make it more efficient.

#### 8. About the Institution

i. Name of the Institution: Bejoy Narayan Mahavidyalaya

ii. Year of Accreditation: 2015 (Second cycle)

iii. Address: P.O.- Itachuna, Dist.-Hooghly, West Bengal, PIN-712147, India

iv. Grade awarded by NAAC: B

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### **BEST PRACTICES IN MY INSTITUTION -II**

**1. Title of the practice:** Integrated Personality Development Programme

#### 2. The context that required the initiation of the practice (100-120 words)

There is only limited scope in our curriculum to enable the students to build a strong moral self. Character-building is an integrated part of what is called a man-making education. It is the call of the day that we have more and more socially responsible, honest, gritty and rational individuals in our society. Students are the future citizens of this country, and college students are capable of understanding the pressing issues of our times. To face the day-to-day challenges in personal and social life, they need to nurture inner discipline and moral integrity. This calls for special attention.

## **3. Objectives of the practice** (50-60 words)

The programme aims at developing moral integrity, discipline and social responsibility among students. It strives to spread awareness about the necessity of honesty, grit and

truthfulness in various fields of life. Also, it intends to make students calm, composed, helpful and respectful towards the ideals of morality, nationhood and our heritage.

# **4. The Practice** (250 - 300 words)

- (i) Students are encouraged to practice Yoga and meditation for inner peace and insight. Also, Asanas, regular exercises and Pranayams are supervised so that they can maintain a healthy body.
- (ii) Regular lectures and talks are conducted about the life and teachings of Swami Vivekananda, and occasionally, about other great thinkers of our country.
- (iii) Steps are taken to impart value-based education, making them aware of the importance of fellow-feeling and social works.
- (iv) Students are encouraged to associate themselves with NSS, NCC and to take part in various extension activities inside and outside the campus, thus involving them in direct social service.
- (v) Talks, discussions and debates are held, mainly under the supervision of the Alumni Association of the college.

# **5. Obstacles faced if any and strategies adopted to overcome them** (150-200 words)

Personal problems, general negative influences from the society and lack of motivation stemming from selfish pursuits often create deterrence for the execution of this programme to a satisfactory extent.

# **6. Impact of the practice** (100-120 words)

Students participating in this programme have shown visible improvement in their academic and other pursuits. They have shown eagerness to participate in social activities inside and outside the campus, have shown leadership qualities in various programmes, have come out of demotivation and excelled.

# 7. Resources required

A better equipped and more spacious meditation hall, more participants, and active participation from faculty members and other possible speakers may make this an even more successful programme.

#### 8. About the Institution

i. Name of the Institution: Bejoy Narayan Mahavidyalaya

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